## May is Mental Health Month Calendar of Events



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 >Bipolar Disorder Film & Panel 6-8 pm >NAMI Vol Recog & Concert 6:30-8:00 pm	3	4
	6 >National Nurses Week >National Children's Mental Health Week	7 National Children's Mental Health Awareness Day	8	9 >Edgemoor Hosp. Celebration 11-2 pm >AAP Children's MH Awareness Day	10 Mental Health Systems Open House 12-3 pm	
12	13	>Domestic Violence: A Black Perspective Forum 6-7:30 pm	15	16 >The Meeting Place Photo Expo 5-9 pm Queen Bee's Art Ctr.	Children's SOC Training Academy GIRLS Conference 8:30-4:30 P.M.	>BHS Resource Fair (2-6 pm) & Movie (Dusk) >Technology Fair for 50+ 11-3 pm >NAMI CAHM Forum
19	20	21	22	23 >HSMC Health Symposium 4:30- 6:30 pm	24	25
26	27	28	29	30	31 Behavioral Health Recognition Dinner, SD Marriott 6-9 pm	

See reverse side for event details: times, locations and contact information

## **Description of Events:**

- May 2: American Foundation for Suicide Prevention Presents: Living with Bipolar Disorder, Film and Expert Panel, 6-8 p.m., Free! VA Medical Center, 3350 La Jolla Village Drive, All Purpose Room, SD, CA 92161, sandiego@afsp.org or (760) 459-9959 or jvanderstad@afsp.org.
- May 2: NAMI Volunteer Recognition Night & Live Concert: 6:30-7:00 pm: "Ask the Doctor," 7:00-8:30 pm Presentation, University Christian Church, Friendship Hall, 3900 Cleveland Ave, San Diego, 92103
- May 5: Cooper Family Foundation and Palavra Tree, Inc. present "Mother's Day Jazz & Gospel Lunch Fundraiser," 2:30-5:30 pm, George Stevens Senior Community Center, 570 South 65<sup>th</sup> Street, San Diego 92114, Tickets \$17, Info: Lana Cooper (619) 208-2763 or (619) 263-7768
- May 7: Proclamation to be presented at the Board of Supervisor's Meeting, County Administration Center, 1600 Pacific Highway, Room 310, SD 92101, 9:00 am. Info: (619)531-5600
- May 9: National Nurses' Week Celebration, Edgemoor Hospital, Outside Courtyard Plaza 11:00-2:00 p.m. Contact Liz Jones at: (619) 596-6379 Resident Care Committee hosting luncheon for Edgemoor Nursing Staff in honor of National Nurses' Week
- > May 9: American Academy of Pediatrics CA Chapter (AAP-CA3) "Children's Mental Health Awareness Day," Info: Lily Valmidiano (619) 281-2292
- May 10: Mental Health Systems Open House, MHS Bradley Bldg., 474 W. Vermont, Escondido 92025 12-3pm, Info: (760)480-2255
- > May 11: Farragut Circle Health & Safety Fair, 10:00 2:00 p.m., 500 Farragut Circle, El Cajon, CA 92021 Info at: HealthSafetyFair@aol.com
- May 14: Domestic Violence, A Black Perspective, sponsored by Mental Health America, to be held at Harmonious Solutions, 5106 Federal Boulevard, #205, San Diego, 92105 Reserve a seat at: (619) 266-1181
- May 16: The Meeting Place Clubhouse presents "Through Our Lens: Personal Stories of Mental Illness" A photographic exhibition exploring the effects of stigma and the triumphs of people recovering from their illness. Queen Bee's Art & Cultural Center, 3925 Ohio Street, SD 92104 (North Park). More information at www.themeetingplaceinc.org.
- ➤ May 17: Children's System of Care Training Academy GIRLS Conference, 8:30 A.M. 4:30 P.M., Marriott Mission Valley, 8757 Rio San Diego Drive, SD 92108. Info: Nathaly Aguilera (619) 594-2197 Flyer: <a href="http://theacademy.sdsu.edu/programs/BHETA/flyers/Girls\_conference\_reg\_form.pdf">http://theacademy.sdsu.edu/programs/BHETA/flyers/Girls\_conference\_reg\_form.pdf</a>
- May 18: 8<sup>th</sup> Annual BHS Community Resource Fair (2:00-6:00 pm) and Movie In the Park (starts at dusk), 2454 Heritage Park Row, Old Town, SD 92110 Free family day with live entertainment, face painting, obstacle course and more, followed by free Movie in the Park Disney's new release, "Brave" beginning at dusk. Bring blankets and picnics!
- May 18: Get Connected! Technology Fair for 50+, 11:00-3:00 pm, San Diego OASIS, Macy's Dept. Store, Mission Valley, 1702 Camino del Rio North, Third Floor, San Diego, 92108 (Use South Entrance Elevator)
- May 18: 7<sup>th</sup> Annual Community Alliance for Healthy Minds (CAHM) Forum: The Road to Healing: Navigating Paths to Recovery, 8:30 am 3:30 pm, Resource & Arts Fair, Abraxas High School, 12450 Glen Oak Road, Poway, CA 92064
- May 23: Health Sciences High & Middle College Health Symposium, 4:30-6:30 pm, 3910 University Avenue, SD 92105 (619) 528-9070
- > May 31: Behavioral Health Recognition Dinner, San Diego Marriott Mission Valley, 8757 Rio San Diego Dr., SD 92108 (619) 692-3800